

Helping Youth  
Capture Life  
Opportunities  
And Fulfill  
Their Dreams

# DreamMakers DreamBreakers

Ονειροπλάστες-Ονειροθραύστες



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School Project

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## CARACTERISTICS



**Approved** by the **I.E.P.** (Institute of Educational Policies of the **Ministry of Education**) and integrated to the **Skills Workshops 21+** [included as subject into the mandatory curriculum of all primary and secondary schools, aiming to develop basic life skills to the students. This subject can be taught by teachers of various specialties and each school has to choose between different thematic areas].



**300 pages, 4 Units:** Introduction, Drugs, Alcohol, Skills for living



It includes **preparatory teaching material** and **instructions**, clarifies concepts and defines objectives, without pedagogically limiting the teacher. [For the interested teacher, there is a “**Going Deeper**” session, which goes into **The Bible**]



Target Age-Group **11-15 years**



Time requirement for the total of the material: minimum **25 teaching hours**. [Teachers have the flexibility to choose only a specific Unit - e.g.: Alcohol- however, it is recommended not to change the order of the lessons of the selected unit].



An **interactive** program that promotes active participation as it includes a wide variety of exercises and learning activities that would attract students' attention.



Integrated in **schools** of **32 countries**, all around the world.



Teachers can use modern pedagogical methods (experiential/ exploratory learning, teamworking, etc.) and a variety of teaching techniques (storytelling, playing, questioning- answering, case studying, discussing, etc.) based on which they can draw information from the children's' world and explore their point of view. In this way the teachers can contribute to the skills' acquisition and development that children would need in order to meet the challenges of the 21st century.

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  - Lesson 8: Understanding Addiction to Drugs.
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  - Lesson 16: The Pressure to Compromise.
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  - Lesson 21: The Importance of Boundaries.
- ❑ **UNIT 5: CONCLUSION**
  - Lesson 22: The “DreamMakers”



The **innovation** of this educational program is the **activation** and **cooperation** of all learning communities (students, teachers, trusted advisors, experts, prevention centers, etc.)

## GOALS



- ❑ The **formulation, expression, and redefinition** of children's **dreams, goals values, principles** and **life purposes**.
- ❑ The **development** of **spiritual values** and **principles**.
- ❑ The **development** of a **critical thinking** so that they evaluate and **decide wisely** when they need to make life choices.
- ❑ The **development** of individual **incentives**, as these contribute to both personal and collective **growth** and to the respect of any kind of **personal engagement** and commitment.
- ❑ The **participation** and **integration** in a **learning community** that will make the children feel safe and encouraged to discover themselves by **expressing**, with no fear, personal **opinions** and concerns.
- ❑ The **understanding** and the **respect** of individual **differences**
- ❑ The **conscious choice** of "no", the **resistance** to **peer pressure against** their **values**, to **social imperatives** and to any kind of -often dangerous- **experimentation**, often dictated by the social environment.
- ❑ The **development** of **mental, emotional** and **social resilience**, in order to avoid risky choice behaviors (e.g., drugs, alcohol abuse etc.)
- ❑ The consciousness of the **power of habit** and its significant role towards the **achievement** of personal goals and dreams.

Did you know that...



...every teacher can - throughout his or her educational career - **positively influence and inspire over 3000 children?**  
**We can make a difference!**



## GOALS

- ❑ The **identification** of **behaviors** and **habits** that could turn children **vulnerable** and the **prevention** of potential risky choices.
- ❑ The **evaluation** of the **reliability** of the **sources** from which they obtain information
- ❑ The **transformation** of a **mental habit** or way of thinking that could become an **obstacle** toward the fulfilment of their dreams.
- ❑ The **distinction** between "**mature**" and "**immature**" **freedom** and the consciousness of the importance of the **responsibility** in every life aspect.
- ❑ The definition of a **supportive framework** (friends, parents, classmates, other family members, teachers, specialists, support centers, etc.) to which children can turn at any time, for support.
- ❑ The provision of **useful teaching tools** and **methods** which could help the teachers better understand their students, their needs and their emotional and psychological trajectory toward the self-knowledge and the self-esteem.
- ❑ The **formation** of small **groups** of **educators**, interest to use the "**Going Deeper**" session of the material.



This Program aims to help the students to develop 'healthy' goals and life dreams and avoid choices that could be an obstacle to the fulfilment of their dreams (DreamBreakers). It also aims to encourage them to adopt behaviors and life skills that would help them to realize their dreams (DreamMakers).

## EDUCATIONAL INTERACTIVE WORKSHOPS

Under the Auspices of the Ministry of Education

**Agape** wishing to participate in the effective training of teachers, organizes at regular basis **Interactive Educational Workshops**, in various cities of Greece.



The **Workshops are addressed** to all appointed in public schools teachers who teach 5<sup>th</sup>-6<sup>th</sup> grade(primary school) and 1<sup>st</sup>, 2<sup>nd</sup>, 3<sup>rd</sup> grade (secondary school) students, and who have chosen to use the Educational Material **“DreamMakers-DreamBreakers”** during the “Skills Workshops” teaching hours.

During the first **Educational Interactive Workshop**, that took place in the city of Volos in December 2021, **four different workshops** were held, which operated cyclically –and in parallel - for all participants, under the guidance of **Dr.Kostas Magos, Dr.Phaedon Kaloterakis, Ms.Natalia Zachartzi** and **Ms.Tania Avella.**



If you are interested in participating in an Interactive Educational Workshop, you can fill in the expression of interest form by scanning the QR CODE ⇒



For any clarification or additional information:  
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## EDUCATIONAL INTERACTIVE WORKSHOPS

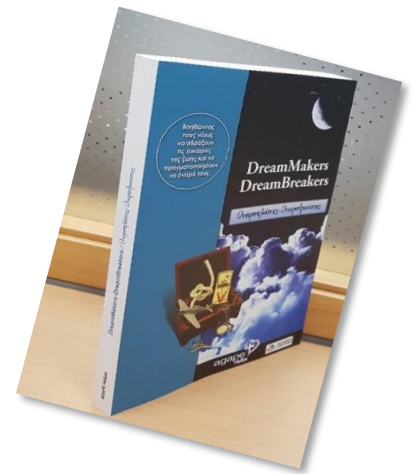
Under the Auspices of the Ministry of Education



★ "I leave this workshop with the desire to help my students to unfold their real self, realize their potential, and set the base for a healthy personality"

★ "You gave me the vision, the courage and the strength to continue. Thank you!"

★ "This material helps us create a safe and authentic environment where our kids can dream and set life goals"



★ "This workshop helped me develop empathy towards my students' feelings and points of view"

★ "After all the topics we discussed today, I consider changing my approach, by devoting more time to effectively help my students."



★ "I feel more than ready to provide my students the necessary blocks to build their future"





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